

**North Star Therapy**

79-80 High Street  
Gravesend  
Kent  
DA11 0BH

07890 472526

chris@northstar-therapy.com



3<sup>rd</sup> March 2010

**Open Letter to General Practitioners**

Dear Doctor,

**The Professional Regulation of Hypnotherapy and Hypnotherapists**

I am writing to inform you of the imminent regulation of the hypnotherapy profession. For some time now a number of Hypnotherapy associations have been working with *The Prince of Wales's Foundation for Integrated Health*, whose work is supported by the *Department of Health*, on the pathway towards professional regulation. It is hoped that, by late 2010, the hypnotherapy profession will be regulated under the **National Register** provided by *Complementary and Natural Healthcare Council (CNHC)*, a government sponsored organisation set up for the protection of the public in complementary healthcare.

We at North Star Therapy understand the legal problems General Practitioners may have in making referrals for hypnotherapy to a particular therapist. However as professional hypnotherapists accredited with associations working towards the National Register. We ask that doctors involved in discussions with clients with particular issues that may benefit from hypnotherapy are referred to North Star Therapy for consideration.

Yours faithfully,

Chris Connelly DCH DHP GHR Reg.  
North Star Therapy  
[www.northstar-therapy.com](http://www.northstar-therapy.com)